

# WHEN THE MINUTES MATTER: DISASTER PREPAREDNESS TRAINING

Learn how to save a life in the event of a major disaster! Join Desert Care Network for Disaster Preparedness Training, featuring nurses, physicians and emergency medical staff! In a major disaster, emergency personnel may not be able to arrive immediately. When the minutes matter most - be prepared!

## JOIN US FOR DISASTER PREPAREDNESS TRAINING FEATURING:

- How to Stop Bleeding
- Wound Packing
- Tourniquet Application
- Basic First Aid
- Hands Only CPR
- La Quinta City CERT Team
- Amateur Radio Operators

Participants will take home a CPR training kit from the American Heart Association.

Space is limited, so RSVP today! Due to the nature of this event, pre-registration is required. No walk-in registrations permitted. Light refreshments will be served.



**FREE TRAINING!**

**Wednesday, October 16**

**10am to 1pm**

**JFK Memorial Hospital Campus**

**Medical Office Building**

**81863 Dr. Carreon Blvd.**

**Indio, CA 92201**

**RSVP**  
by calling  
**(833) 818-0783**  
**today**



**DESERT  
CARE  
NETWORK**

**DESERT REGIONAL MEDICAL CENTER  
HI-DESERT MEDICAL CENTER  
JFK MEMORIAL HOSPITAL**