

“This Side of Consciousness”

A Guided Transformational Workshop by Anthony Rodriguez

Saturday, August 26, 2017 from 12pm to 3pm



Is anxiety and stress keeping you down? Do you experience negative thoughts on a daily basis? Do you believe that there's something holding you back from your true potential?

If so, join Anthony J. Rodriguez, a transformational energy healing practitioner also known as “Walking Crow,” for an amazing, life-changing workshop! During this workshop, Anthony will teach you how to be present for yourself and others by coming out of the darkness (GU), + into your light (RU) = GURU

This unique workshop will include:

- An opening “Sharing of the Journey” experience.
- A guided meditation to invite spirits into your sacred space.
- A Shamanic drumming ceremony to help clear and heal your body.
- An exercise to open up the Chakras, your body's energy system.
- A 30-minute interactive talk about the subtle energies of the body, and what “This Side of Consciousness” means to you.
- A closing ceremony to share, blend, and exchange energy with others.

Tickets are \$25 per person. Please call our Concierge at (760) 834-7070 to R.S.V.P. for this workshop.



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