

“The First Root Chakra”

A Guided Transformational Workshop by Anthony Rodriguez

Saturday, August 12, 2017 from 12pm to 3pm



Are you the tree that gets knocked down by the four winds or do you weather the storms of daily life? Learn what it means to be rooted and fruited, securely grounded in your foundation, and how to get back to the basics of feeling safe, secure, and feeling good about your wellbeing, home, livelihood, and job. Learn interactive exercises on how your root (first) chakra relates to your wellbeing and your emotional state and how it relates to the other six Chakras. Join Anthony J. Rodriguez, a transformational energy healing practitioner also known as “Walking Crow,” for an amazing, life-changing workshop!

This unique workshop will include:

- *An opening meditation about you and your presence*
 - *A “Singing In Spirit” ceremony*
- *Discussion about what it means to be grounded, rooted, and fruited*
 - *A warm-up and opening of the bodies Chakras*
- *An interactive exercise of how your root (first) Chakra relates to your wellbeing*
 - *A closing drumming journey and meditation*



Tickets are \$25 per person. Please call our Concierge at (760) 834-7070 to R.S.V.P. for this workshop.

VENUS DE FIDO

A LUXURY SPA FOR PEOPLE AND THEIR PETS
73600 ALESSANDRO DR. PALM DESERT • 760-834-7070 • VENUSDEFIDO.COM